



## Terms & Conditions

Trainer's requirements:

- All payments are made in advance and are non-refundable and non-transferable. Initial \_\_\_\_\_
- All credits to be used within one month of first session. Initial \_\_\_\_\_
- All credits expire after 3 months of last session, if a lapse occurs for emergency travel/medical issue. Initial \_\_\_\_\_
- Desired workout days/times are to be pre-arranged with trainer.
- Clients are to begin working out at the start time of their scheduled appointment. A late start does not entitle the client to a longer session than that which has already been agreed upon.
- 24 hours notice is required for a cancellation or rescheduling in order to receive credit for the session. Failure to cancel within the appropriate time frame or failure to show up for a session will result in the client being charged for that session. Exceptions will only be made in case of a medical emergency accompanied by a note from your physician. Initial \_\_\_\_\_
- Rescheduled sessions must be used within the original expiration time.
- Credits can be "frozen" for the client under certain circumstances (which will be at the trainer's discretion).
- If you have to travel, you must give ample notice, as a courtesy to the trainer to avoid being charged for any missed sessions. These sessions will be made up for at a convenient time for both the trainer and the client.
- If the trainer must cancel a session, a "make-up" session will be given at a later date that is convenient for both the client and the trainer.

*I acknowledge that I have thoroughly read and understand the terms outlined above. I understand that this is a contract for payment for the fitness training sessions rendered and sessions scheduled whether or not they are rendered due to the actions of the trainer. By signing this agreement, I am waiving any rights that I, or my successors, may have to take legal action or assert a claim against any fitness trainer associated with MARINA ATHLETIC CLUB.*

Client's Signature \_\_\_\_\_

Client's Name (Please Print) \_\_\_\_\_

Date \_\_\_\_\_